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First Aid courses in Bristol are widely available and tailored to various needs—from workplace compliance to childcare and mental health. Providers in the city offer HSE and Ofqual-accredited Emergency First Aid at Work (1-day), First Aid at Work (3-day), Paediatric First Aid (Ofsted/EYFS-compliant), outdoor and mental health first aid courses. Training is delivered in highly practical, engaging formats—often at central city venues or onsite—making it convenient and interactive. These courses boost confidence, meet regulatory requirements, and equip attendees with

essential life-saving skills for real emergencies. Website:  
<https://www.firstaidcoursebristol.co.uk/> Phone Number:  
0117 290 0509

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